



QimiQ VANTAGGI

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15



semplicement

INGREDIENTI PER 10

300 g	QimiQ Whip,
40	Olio d'oliva
100	
230 g	,
10 g	Erba cipollina,
	Origano, nach Bedarf
	Red pepper flakes, nach Bedarf
	Sale i pepe, nach Bedarf
	, nach Bedarf
500 g	
1	Aqua, warm
20 g	Prezzemolo,
5 g	Menta,
1	Cipolla (Cipolle),
200 g	Cetriolo,
200 g	Pomodoro (Pomodori),
50	Olio d'oliva
70	Succo di limone,
4 g	Scorza di limone
15 g	
	Sale i pepe, nach Bedarf
200 g	QimiQ Classic,
140 g	Yogurt greco
3 g	Menta,
3 g	Aneto,
360 g	Cetriolo,
60	Olio d'oliva
25 g	
	Sale i pepe, nach Bedarf

PREPARAZIONE

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