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QimiQ VANTAGGI

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15



medio

INGREDIENTI PER 1 BROTLAIB

250 g QimiQ Sauce Base

500 g Sauerteig

500 g Farina di grano tipo 1600

150 g Semi di girasole

50 g Ssemi di lino

150 Aqua

25 Aceto di mele

30 Olio d'oliva

15 g Sale

PREPARAZIONE

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