

# DEEP FRIED APPLE DUMPLINGS WITH VANILLA-APPLE SAUCE



### **QimiQ BENEFITS**

- Quick and simple preparation
- Problem-free reheating possible
- Enhances the natural taste of added ingredients





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### **INGREDIENTS FOR 6 PORTIONS**

FOR THE APPLE DUMPLINGS	
125 g	QimiQ Classic, room temperature
50 ml	White wine
2	Egg yolk(s)
120 g	AP Flour
	Cinnamon
	Salt
	Lemon peel
2	Egg white(s)
30 g	Sugar
300 g	Apples, peeled , cored
4 slices	White toasting bread
	Sunflower oil, to deep fry

# FOR THE VANILLA- APPLE SAUCE

125 g	QimiQ Classic
200 g	Apple puree, canned
100 ml	Milk
30 g	Sugar
	Pulp from 1 vanilla pod

# **METHOD**

- 1. Whisk QimiQ Classic smooth. Add the white wine, egg yolks, flour, cinnamon powder, salt and lemon zest and continue to whisk smooth.
- 2. Remove the crusts and dice the bread. Whisk the egg whites with sugar until stiff. Add the apples, bread and stiff egg whites to the batter and mix well.
- 3. Place in the fridge and allow to rest for approx. 30
- 4. Spoon the batter into the hot fat and slowly deep fry the balls until golden brown.
- 5. Dust with powdered sugar and serve warm with the cold apple sauce (see below).
- For the apple sauce blend the QimiQ Classic, apple, milk, sugar and Vanilla seeds smooth.

Powdered sugar, to dust