# QimiQ

# JAMBALAYA SEAFOOD QUICHE



### **QimiQ BENEFITS**

- Problem-free reheating possible
- Binds with fluid no separation of ingredients
- Reduces drying out on regeneration





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#### **INGREDIENTS FOR 8 PORTIONS**

## **FOR THE BASE**

FOR THE BASE	
200 g	AP Flour
100 g	Butter, softened
50 g	Egg(s)
30 ml	Water, cold
	Salt
FOR THE FILLING	
100 g	White onions, minced
50 g	Garlic, minced
100 g	Celery, diced
300 g	Sweet peppers, tricolor, chopped
150 g	Chorizo
600 g	Seafood
200 g	Egg(s)
	Salt and pepper
	Cajun spice
50 g	Tomato paste
50 g	Chives, minced
300 ml	QimiQ Sauce Base
200 g	Pepper Jack cheese, grated

# **METHOD**

- 1. Preheat the oven to 320  $\!^{\circ}$ 
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- 2. For the base, mix the flour, butter, egg, water and salt together and knead to a smooth dough. Wrap in plastic foil and chill for at least 30 minutes. Roll the dough out, use to line a well greased quiche tin (Ø 8 inches) and prebake for 30 minutes.
- 3. For the filling, sauté the onion, garlic, celery and peppers and season to taste. Sauté the seafood in olive oil for approx. 4 minutes and drain off the excess liquid.
- 4. Add the eggs, spices, tomato paste and chives to the QimiQ Sauce Base and mix
- 5. Layer the ingredients in the quiche pastry case, and sprinkle with the grated cheese.
- 6. Bake in the hot oven for approx 50 minutes (cover with tin foil whilst baking to prevent burning, if necessary).
- 7. Allow to cool for 20 minutes before serving.