



PIKEPERCH STRUDEL WITH SPINACH FARCE



QimiQ BENEFITS

- Acid, heat and alcohol stable



15



easy

INGREDIENTS FOR 6 PORTIONS

150 g QimiQ Sauce Base

175 g Pike perch fillet, boned

80 g Leaf spinach, blanched

1 Egg white(s)

Salt

White pepper

shot Pernod [Aniseed liqueur]

500 g Puff pastry

400 g Pike perch fillet, boned

1 Egg yolk(s), to brush

METHOD

1. Pre-heat the oven to 390° F (conventional oven).
2. For the farce, dice the pikeperch and blend smooth.
3. Squeeze excess liquid from the leaf spinach. Add the spinach, QimiQ Sauce Base and egg white to the pikeperch puree and blend to a smooth farce. Season to taste with salt, pepper and Pernod.
4. Pre-prepare the pastry according to the instructions on the packet. Spread half of the farce onto one half of the pastry and place the pikeperch down the centre. Spread the remaining farce onto the other pastry half.
5. Roll into a strudel and seal the edges. Place with the opening facing down onto a baking sheet lined with baking paper and brush with egg yolk.
6. Bake in the hot oven for approx. 15 minutes.
7. Allow to cool for approx. 15 minutes before serving.