

GREEN APPLE BANANA AND SPINACH SMOOTHIE



QimiQ BENEFITS

- Acid stable and does not curdle
- Contains all the valuable benefits of milk
- Creamy indulgent taste with less fat





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easy

INGREDIENTS FOR 4 PORTIONS

250 g	QimiQ Classic, room temperature
250 ml	Water
1	Apple, cored
1	Banana(s), peeled
250 g	Leaf spinach
25 ml	Lime juice

METHOD

- 1. Place the ingredients together into a mixing beaker and blend smooth using an immersion blender.
- 2. Pour the mixture into glasses, decorate as required and serve.