



AVOCADO COCONUT AND APPLE SMOOTHIE



QimiQ BENEFITS

- All natural, contains no preservatives, additives or emulsifiers
- Binds with fluid - no separation of ingredients
- Creamy consistency



15



easy

INGREDIENTS FOR 4 PORTIONS

250 g QimiQ Classic, room temperature

250 ml Water

1 Avocado(s), peeled

2 Apple(s), sour, cored

200 ml Coconut milk

Mint

1 Lime(s), juice only

METHOD

1. Place the ingredients together into a mixing beaker and blend smooth using an immersion blender.
2. Pour the mixture into glasses, decorate as required and serve.