

MUSHROOM AND ASPARAGUS PUFF PASTRY SLICES



QimiQ BENEFITS

- Quick and simple preparation
- Fillings remain moist for longer





15

eas

INGREDIENTS FOR 6 PORTIONS

250 g	QimiQ Sauce Base
300 g	Mushrooms, finely sliced
1	Onion(s), finely chopped
	Sunflower oil
	Salt and pepper
	Nutmeg
3	Slice(s) of white bread, toasted
2 tbsp	Parsley, fresh
2	Egg(s)
1 package	Puff pastry
300 g	Asparagus, cooked
	Egg(s), to brush

METHOD

- 1. Preheat an oven to 360 °F (conventional oven).
- Fry the mushrooms and onion in oil and season to taste.
- 3. Drain well and allow to cool.
- Remove the crusts from the toast and finely dice.
- 5. Mix together the QimiQ Sauce Base, toast, parsley and eggs. Add the mushrooms and adjust the seasoning.
- 6. Prepare the pastry according to the instructions on the packet and halve lengthwise.
- 7. Brush one half with egg and arrange the mushroom filling along the centre of the pastry.
- 8. Top with the asparagus lengthwise.
- 9. Cover with the second pastry half and seal well. Brush with egg and cut slits in the surface every 2 cm to allow steam to escape.
- 10.Bake in the preheated oven for approx. 30 minutes.