

BAKED MEDITERRANEAN VEGETABLE DISH WITH GARLIC DIP



QimiQ BENEFITS

- Oven baked dishes remain moist for longer
- Quick and simple preparation
- Binds with fluid no separation of ingredients





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INGREDIENTS FOR 6 PORTIONS, FOR 12" X 8" BAKING DISH

FOR THE VEGETAL	BLE DISH
500 g	QimiQ Classic, room temperature
20	Baguette slices 15 g each
	Olive oil, for the baking tin
1	Zucchini, sliced
1 small	Eggplant, sliced
3	Tomato(es), sliced
10	Mushrooms, finely sliced
0.5	Red bell pepper(s), cut into strips
0.5	Yellow bell pepper(s), cut into strips
0.5	Green bell pepper(s), cut into strips
2	Green onion(s), finely sliced
	Salt and pepper
45 g	Corn starch
30 ml	Olive oil
2	Garlic clove(s), minced
	Oregano, fresh
	Thyme, fresh
	Rosemary, fresh
100 g	Pizza cheese, grated
FOR THE GARLIC	DIP
200 g	Qiminaise
OR	
HOMEMADE QIMII	NAISE, BASE RECIPE (HTTPS://RDB.QIMIQ.COM/US/RECIPES/3668)
100 g	Sour cream 15 % fat
2	Garlic clove(s), finely chopped
1 tbsp	Parsley, finely chopped
	Salt and pepper

METHOD

- 1. Preheat an oven to 360 °F (conventional oven)
- 2. Line the greased baking dish with the baguette slices and bake for approx. 10 minutes.
- 3. Alternately layer the vegetables on the bread slices and season with salt and pepper.
- 4. Whisk the unchilled QimiQ Classic smooth. Add the corn starch, oil, garlic, herbs and half of the cheese and mix well
- 5. Pour the mixture over the vegetables, cover and bake at 320 °F for approx. 40-50 minutes
- 6. Remove the lid, sprinkle with the remaining cheese and bake with increased top heat for a further 5 minutes.

7. For the garlic dip: mix the ingredients together well and season to taste.			