QimiQ

LEMON SOUFFLÉ



QimiQ BENEFITS

- · Lightly binds oven baked dishes
- Problem-free reheating possible
- · Acid stable and does not curdle





25

INGREDIENTS FOR 6 PORTIONS, FOR 12" X 8" BAKING DISH

250 g	QimiQ Classic, room temperature
3	Lemon(s), untreated
50 g	Preserving sugar
1 tbsp	Ginger root
2 tbsp	Lemon juice
0.5	Lemon(s), finely grated zest
50 g	Sugar
4	Egg yolk(s)
80 g	AP Flour
40 g	Bread crumbs
4	Egg white(s)
80 g	Sugar
	Butter, for the baking tin
	Powdered sugar, for the baking tin

METHOD

- 1. Preheat an oven to 320 °F (conventional oven).
- 2. Peel, fillet and dice the lemons.
- 3. Place the diced lemons, preservation sugar, lemon peel and ginger in a saucepan and bring to a boil. Cook for approx. 10-15 minutes and allow to cool.
- 4. Whisk the unchilled QimiQ Classic smooth. Add the lemon juice, lemon zest, sugar and egg yolks and mix well. Fold in the cold lemon cubes.
- 5. Mix the flour and bread crumbs together.
- 6. Whisk the egg whites and sugar stiff and fold into the QimiQ mixture alternately with the flour and bread crumb mixture.
- 7. Grease a soufflé dish with butter and dust with powdered sugar.
- 8. Pour in the mixture and bake for 50 minutes (cover with tin foil to prevent burning if necessary).