

RASPBERRY AND QUARK SOUFFLÉ



QimiQ BENEFITS

- Pure indulgence with less fat
- Pastry remains juicy and smooth





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easy

INGREDIENTS FOR 6 PORTIONS

FOR THE SOUFFLÉ

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125 g	QimiQ Sauce Base
125 g	Low fat quark [cream cheese]
4	Egg yolk(s)
50 g	Sugar
	Lemon peel
4	Egg white(s)
50 g	Sugar
FOR THE RASPBERRIES	
250 g	Raspberries, frozen
1 package	Vanilla sugar
	Lemon peel
1 tbsp	Corn starch
	Butter,
	Sugar,

METHOD

- 1. Preheat an oven to 360 °F (conventional
- 2. For the soufflé: mix together the QimiQ Sauce Base, quark, egg yolks, sugar, and lemon zest.
- 3. Whisk the egg whites and sugar until stiff and fold into the quark mixture.
- 4. For the raspberries: marinate the frozen raspberries in vanilla sugar, lemon zest and corn starch.
- 5. Grease soufflé molds with butter and dust with sugar. Portion the raspberries in the base of the molds and fill with the soufflé mixture. Bake in the middle of the pre-heated oven for approx. 30 minutes.