

CHESTNUT PARFAIT WITH FIGS



QimiQ BENEFITS

- Alcohol stable and does not curdle
- Full taste with less fat content
- One bowl preparation
- Freezer stable





easy

INGREDIENTS FOR 4 PORTIONS

FOR THE PARFAIT

150 g	QimiQ Whip, chilled
50 ml	Milk
250 g	Chestnut puree
30 ml	
20 ml	Maple syrup
TO DECORATE	

TO DECORATE	
8 pcs	Chestnuts, cooked and peeled
25 g	Sugar
250 g	Figs

METHOD

- 1. For the parfait: lightly whip the cold QimiQ Whip until completely smooth, ensuring that the complete mixture is incorporated (especially from bottom and sides of bowl).
- 2. Add the milk, chestnut puree, Kirsch and syrup and continue to whip at top speed until the required volume has been achieved.
- 3. Pour into a terrine mold lined with cling film and freeze for at least 6
- 4. For the decoration: caramelize the chestnuts in sugar.
- 5. Slice the parfait and arrange on a plate with the caramelized chestnuts and halved