



LAMB NOISETTES WITH CREAMY SAVOY CABBAGE



QimiQ BENEFITS

- Problem-free reheating possible
- Enhances the natural taste of added ingredients



25



easy

INGREDIENTS FOR 4 PORTIONS

FOR THE LAMB NOISETTE

Salt and pepper
Thyme
Chervil
Parsley, finely chopped
Mustard, to brush

3 tbsp Sunflower oil

FOR THE SAVOY CABBAGE

1 Savoy cabbage [approx. 21 oz], finely shredded

100 g Lean bacon, finely diced

1 Onion(s), finely chopped

2 tbsp Sunflower oil

30 g AP Flour

300 ml Clear vegetable stock

Salt and pepper

Thyme

125 g QimiQ Classic, chilled

METHOD

1. Preheat the oven to 220° F (conventional oven).
2. Season the lamb noisette with salt and pepper, and brush with the herb and mustard mixture.
3. Fry to seal in hot oil and place in the preheated oven for 10-15 minutes. Remove the meat from the oven, wrap in tin foil and allow to draw.
4. Cook the cabbage in salt water until firm to the bite. Drain and douse with cold water to retain the green colour.
5. Fry the bacon and onion in oil, dust with flour and douse with the vegetable stock. Season with salt, pepper and thyme.
6. Add the cabbage, heat through until hot and finish with the cold QimiQ Classic.
7. Slice the lamb and serve immediately with the hot cabbage.