

WHOLE MEAL NUT MUFFINS



QimiQ BENEFITS

- Baked goods remain moist for longer
- Can be frozen and defrosted without loss of quality
- · Longer shelf life without loss of quality





easy

INGREDIENTS FOR 12 SERVINGS

250 g	QimiQ Sauce Base
100 g	Butter, softened
180 g	Sugar
1 package	Vanilla sugar
4	Egg yolk(s)
100 g	Hazelnuts, ground
150 g	Spelt wholemeal flour
0.5 package	Baking powder
4	Egg white(s)

METHOD

- 1. Preheat an oven to 350 °F (conventional
- 2. Mix the butter, sugar and vanilla sugar until creamy. Gradually add the egg yolks and whisk for approx. 5 minutes until fluffy.
- 3. Stir the QimiQ Sauce Base and the nuts into the muffin mixture.
- 4. Sift the baking powder and flour together and fold into the mixture.
- 5. Finally whisk the egg whites until stiff and fold into the
- 6. Place paper muffin forms into a muffin tray and place 1 tbsp of mixture into each form. Bake in the preheated oven for approx. 20 minutes.