QimiQ

WINTER SOUP WITH QUARK DUMPLINGS



QimiQ BENEFITS

- · Acid and alcohol stable
- Full taste with less fat content
- Light and fluffy consistency





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INGREDIENTS FOR 4 PORTIONS

FOR THE SOUP

FOR THE SOUP	
250 g	QimiQ Sauce Base
80 g	Butter
180 g	Red cabbage, roughly chopped
80 g	Apple(s), peeled
60 g	Celeriac, diced
60 g	Onion(s), diced
10 g	Sugar
125 ml	Red wine
400 ml	Clear vegetable stock
	Salt
	Black pepper, freshly ground
0.5 small	
pinch(es)	Ginger powder
0.5 small	
-	Cloves, ground
1 small pinch(es)	Cinnamon, ground
•	Marjoram
0.5	Orange(s), finely grated zest
FOR THE QUARK DUMPLINGS	
125 g	QimiQ Sauce Base
200 g	Quark 20 % fat
90 g	White bread crumbs
1	Egg(s)
1	Egg yolk(s)
	Salt
0.5	Orange(s), finely grated zest

METHOD

- 1. For the soup: heat the oil with the butter in a saucepan. Add the red cabbage, celeriac and onions and sauté. Add the granulated sugar and caramelize.
- 2. Douse with the red wine and allow to simmer covered for approx. 20
- 3. Add the QimiQ Sauce Base, vegetable stock and spices, blend and season to
- 4. For the quark dumplings: whisk the QimiQ Sauce Base with the quark until smooth. Add the remaining ingredients and mix well. Season to taste.
- 5. Allow the mixture to rest for approx. 20 minutes. Form dumplings and allow to draw in hot salted water.
- 6. Serve with the soup.