

## POPPY SEED POUCHES WITH SCALLOPS AND RED CABBAGE COULIS



## **QimiQ BENEFITS**

- Creamy consistency
- Firmer and more stable fillings
- Full taste with less fat content





25

medium

## **INGREDIENTS FOR 10 PORTIONS**

5	Egg(s)
	Ground poppy seeds
_	All purpose flour
	Olive oil
5 tush	Salt
	Nutmeg, ground
	Nutrileg, ground
FOR THE FILLING	
250 g	QimiQ Sauce Base
240 g	Cottage cheese min. 20 % fat
40 g	Pickled ginger, finely chopped
8 g	Orange zest
3	Egg yolk(s)
	Salt
	Black pepper, freshly ground
FOR THE RED CABBAGE COULIS	
250 g	QimiQ Sauce Base
80 g	Butter
180 g	Red cabbage, coarsely chopped
80 g	Apple(s), diced
60 g	Celeriac, diced
60 g	Onion(s), diced
10 g	Sugar
125 ml	Red wine
250 ml	Vegetable stock
0.5 small	
pinch(es)	Ginger powder
0.5 small	
pinch(es)	Cloves, ground
1 small pinch(es)	-
0.5 tsp	Marjoram, dried
0.5	Orange(s), finely grated zest
	Salt
	Black pepper, freshly ground
80 g	Brown butter
FOR THE SCALLOPS	
30 pcs	Scallops, fresh
_	Cocoa butter
80 ml	Olive oil
	Salt
	Black pepper, freshly ground
	Cilantro / coriander, ground

## **METHOD**

- 1. For the dough: mix the eggs and poppy seeds together and pour into a Pacojet beaker. Freeze for approx. 24 hours
- 2. Pacotise the mixture and place into a mixing bowl. Add the flour, olive oil and spices and knead with a dough hook to a smooth dough. Allow to rest in a refrigerator for 2 hours.
- 3. For the filling: mix all ingredients together and season to
- 4. Roll the dough out thinly with a pasta machine and cut in half. Place teaspoonfuls of the filling about 6,5 cm apart on one of the sheets of the dough. Cover with the second sheet and cut into approx. 6,5 cm ø circles around the filling. Press the edges firmly to seal.
- 5. For the red cabbage coulis: heat the butter in a sauce pan. Add the cabbage, apples, celeriac and onions and sauté. Add the sugar and caramelize lightly. Douse with the red wine.
- 6. Cover and cook for approx. 20 minutes.
- 7. Add the vegetable stock, QimiQ Sauce Base and spices, blend and strain. Season to
- 8. Cook the poppy seed pouches in salted water for approx. 2-3 minutes. Toss in the brown butter.
- 9. Season the scallops and fry in a hot pan with olive oil and cocoa butter on both sides. Serve with the poppy seed pouches and red cabbage coullis.