



GREEN PINEAPPLE SMOOTHIE



QimiQ BENEFITS

- Binds with fluid - no separation of ingredients
- Quick and simple preparation
- Can easily be pre-prepared



15



easy

INGREDIENTS FOR 1 2 PINTS

150 g QimiQ Classic

150 g Natural yogurt

200 ml Pineapple juice

300 g Tinned pineapple

100 g Ripe nectarine(s)

20 g Spinach, fresh

20 g Parsley, fresh

60 g Sugar

Black pepper, freshly ground

METHOD

1. Place the ingredients together into a mixing beaker and blend smooth using an immersion blender.
2. Pour the mixture into glasses, decorate as required and serve.