

QimiQ BENEFITS

- Binds with fluid no separation of ingredients
- Quick and simple preparation
- Can easily be pre-prepared





INGREDIENTS FOR 10 PORTIONS

135 g	J QimiQ Classic
335 g	Apple(s)
335 g	Banana(s)
90 g	Spinach, fresh
225 m	Apple juice
65 m	Lemon juice, freshly squeezed
55 g	Sugar

METHOD

- 1. Place all the ingredients into a blender and mix until smooth.
- 2. Pour the mixture into glasses, decorate as required and serve.