

PIKE FILLET WITH KOHLRABI AND CRESS IN WHITE WINE SAUCE



QimiQ BENEFITS

- Smooth and creamy consistency in seconds
- Problem-free reheating possible
- All natural, contains no preservatives, additives or emulsifiers





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INGREDIENTS FOR 8 PORTIONS

FÜR DIE WEISSWEINSAUCE

500 g	QimiQ Sauce Base
800 g	Kohlrabi , finely diced
40 g	Butter
200 m	Dry white wine
	Salt
	Pepper
90 ml	Dry Vermouth
200 m	Vegetable stock

FÜR DIE ZANDERFILETS

8	Pike perch fillet(s) 150 g each
100 g	Butter
	Salt
	Pepper
	Lemon juice
4 tbsp	Cress

METHOD

- 1. For the sauce: fry the kohlrabi in butter over low heat. Douse with white wine and reduce. Season to taste with the salt, pepper and Vermouth, add the clear vegetable stock and continue to cook until firm to the bite.
- 2. Stir in the QimiQ Sauce Base and continue to cook until the required consistency has been achieved.
- 3. Carefully fry the fish fillets in butter on both sides
- 4. Serve with the kohlrabi and garnish with cress.