



FAVA BEAN HUMMUS



QimiQ BENEFITS

- Full creamy taste with less fat and cholesterol
- Binds with fluid - no separation of ingredients
- Longer shelf life without loss of quality



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easy

INGREDIENTS FOR 10 PORTIONS

100 g QimiQ Classic, room temperature

80 g Tahini paste [Sesame paste]

50 g Olive oil

20 g Lemon juice

12 g Salt

0.2 g White pepper, ground

2.5 g Red chili flakes

20 g Chives, fresh

10 g Garlic, minced

300 g Fava beans, fresh or frozen

300 g Chickpeas

METHOD

1. Whisk the unchilled QimiQ Classic until smooth.
2. Add the tahini paste and whisk until smooth. Add one part of the olive oil and blend until totally smooth. Add the spices and chives and mix well.
3. Garnish with the chili flakes and the remaining olive oil. Serve with vegetables or crackers.