



CARROT MUESLI



QimiQ BENEFITS

- Quick and simple preparation
- Creamy indulgent taste with less fat
- Binds with fluid - no separation of ingredients



15



easy

INGREDIENTS FOR 4 PORTIONS

250 g QimiQ Classic, room temperature

250 g Low fat yogurt

150 g Oat flakes

200 g Carrots, finely grated

150 g Apple(s), finely diced

100 ml Apple juice

50 g Almonds, grated

Lemon juice, to taste

4 tbsp Maple syrup

METHOD

1. Whisk QimiQ Classic smooth.
2. Add the yogurt, oatmeal, carrot, apple, apple juice, almonds, lemon juice and maple syrup and mix well.
3. Sweeten with the liquid sweetener to taste.