

SPRING VEGETABLE STICKS WITH RADISH DIP



QimiQ BENEFITS

- Creamy indulgent taste with less fat
- Quick and simple preparation
- Enhances the natural taste of added ingredients





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INGREDIENTS FOR 4 PORTIONS

FOR THE RAW VEGETABLES

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200 g	Carrots, cut into sticks
200 g	Celeriac, cut into sticks
200 g	Cucumber(s), cut into sticks
200 g	Red bell pepper(s), cut into sticks
FOR THE DIP	
125 g	QimiQ Classic, room temperature
250 g	Low fat quark [cream cheese]
150 g	Radishes, diced
1 tbsp	Chives, finely chopped
	Salt and pepper
	Lemon juice

METHOD

- 1. For the dip: whisk QimiQ Classic
- Add the low fat quark, radishes and chives and mix well.
- 3. Season to taste with salt, pepper and lemon juice and serve with the vegetable