

ORIENTAL CHICKEN SALAD



QimiQ BENEFITS

- Creamy indulgent taste with less fat
- Quick and simple preparation
- Dressings made with QimiQ cling better to salads





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INGREDIENTS FOR 4 PORTIONS

250 g	Chicken breast fillet
150 g	Celeriac, coarsely grated
150 g	Leek, finely sliced
75 g	Green peas
250 g	Rice, cooked
30 g	Tinned pineapple, drained
FOR THE DRESSING	
125 g	QimiQ Classic, room temperature
250 g	Low fat yogurt
90 ml	Peach juice
2 tbsp	Curry powder
0.5 tsp	Curcuma, dried
	Sugar
	Salt and pepper

METHOD

- 1. Fry the chicken breasts and dice.
- Add the celeriac, leek, peas, rice and pineapple and mix well.
- 3. For the dressing: whisk the unchilled QimiQ Classic smooth. Add the remaining ingredients and mix well. Season to
- 4. Toss the salad in the dressing and adjust the seasoning.