

CARROT AND QUARK DUMPLINGS ON A CREAM LEEK SAUCE



QimiQ BENEFITS

- Quick and simple preparation
- Problem-free reheating possible





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INGREDIENTS FOR 4 PORTIONS

FOR THE DUMPLIN	VGS
125 g	QimiQ Classic, room temperature
250 g	Low fat quark [cream cheese]
1	Egg(s)
150 g	Carrot(s), finely grated
3 tbsp	Bread crumbs
	Salt
	Cardamom, ground
FOR THE SAUCE	
125 g	QimiQ Classic, chilled
400 g	Leek, finely shredded
	Butter, to fry
1 tbsp	AP Flour
200 ml	Clear vegetable stock
	Salt and pepper

METHOD

- 1. For the dumplings: whisk QimiQ Classic smooth. Add the quark, egg, carrot, bread crumbs, salt and cardomon and mix well (add more bread crumbs if the mixture is too soft to form).
- 2. Form dumplings and allow to draw in hot salted water.
- 3. For the sauce: fry the leeks in butter until soft. Dust with flour and douse with the stock. Season to taste and bring to a boil. Finish with the cold QimiQ Classic.