

COD FILLETS WITH FRESH LEMON ZEST



QimiQ BENEFITS

• Quick and easy preparation





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easy

Tips

Serve with potatoes.

INGREDIENTS FOR 4 PORTIONS

250 ml QimiQ Sauce Hollandaise	
4 Cod fillets à 150 g	
Salt	
Vegetable oil, to fry	
1 Lemon(s), juice and finely grated	Izest

METHOD

- 1. Season the cod fillets and roast gently on both sides. Finish the cooking process in the preheated oven at 160 °C for approx. 6-8 minutes.
- 2. Heat the QimiQ Sauce Hollandaise. Refine with the lemon juice and lemon zest and serve with the cod fillets