

CREAM OF MUSCAT PUMPKIN SOUP WITH PUMPKIN PESTO DUMPLINGS



QimiQ BENEFITS

- Creamy indulgent taste with less fat
- Smooth and creamy consistency in seconds
- Enhances the natural taste of added ingredients





60

easy

INGREDIENTS FOR 4 PORTIONS

FOR THE SOUP

FOR THE SOUP	
250 g	QimiQ Sauce Base
300 g	Muscat pumpkin, peeled, diced
2	Shallot(s), diced
3 tbsp	Olive oil
125 ml	White wine
600 ml	Chicken stock, or vegetable stock
	Salt
	White pepper
	Ginger root, grated
	Nutmeg, ground
	Tabasco sauce, or fresh chilli
	Cinnamon
1 pinch(es)	Curry powder
	Pumpkin seed oil, to garnish
FOR THE PUMPKIN PESTO PASTIES	
12	Wan Tan pastry sheets (approx. 9x9 mm)
60 g	Pumpkin pesto
2 tbsp	Pumpkin chutney
2 tbsp	Bread crumbs
1 tbsp	Parmesan, grated
	Egg white(s), to brush
	Vegetable oil, to fry

METHOD

- 1. For the soup: sauté the pumpkin and shallots in the olive oil. Douse with the white wine and allow to simmer until all the liquid is gone.
- 2. Add the chicken stock and QimiQ Sauce Base. Season and allow to simmer for approx. 30 minutes.
- 3. Blend the soup with an immersion blender until smooth and season to taste.
- 4. For the pumpkin pesto pasties: mix the pumpkin pesto with the pumpkin chutney, bread crumbs and Parmesan. Season to taste and fill into a piping bag.
- 5. Brush the pastry sheets with the egg white and pipe the filling onto the centre. Fold into pasties.
- 6. Fry the pasties in hot oil until golden brown.
- 7. Garnish the soup with a dash of pumpkin seed oil and serve with the pumpkin pesto pasties.