

CRISPY GREEN ASPARAGUS WITH ROASTED CHICORY AND WASABI DIP



QimiQ BENEFITS

- Enhances the natural taste of added ingredients
- Creamy indulgent taste with less fat
- Can be pre-prepared





30

easy

Tips

Garnish with roasted cashews.

INGREDIENTS FOR 10 PORTIONS

300 g	QimiQ Whip, chilled
200 ml	Milk
2 g	Wasabi
	Salt
1	Lemon(s), juice only
OR THE ROASTE	D CHICORY
400 g	Chicory
20 g	Sugar
	Vegetable oil, to fry
FOR THE CRISPY	Vegetable oil, to fry GREEN ASPARAGUS
	GREEN ASPARAGUS
400 g	GREEN ASPARAGUS Green asparagus
400 g 1 dash of	GREEN ASPARAGUS Green asparagus Vegetable oil, to fry
400 g 1 dash of 10 ml	GREEN ASPARAGUS Green asparagus Vegetable oil, to fry White balsamic vinegar
400 g 1 dash of 10 ml 50 ml	GREEN ASPARAGUS Green asparagus Vegetable oil, to fry White balsamic vinegar Sesame seed oil
400 g 1 dash of 10 ml 50 ml 20 ml	GREEN ASPARAGUS Green asparagus Vegetable oil, to fry White balsamic vinegar Sesame seed oil Rapeseed oil
400 g 1 dash of 10 ml 50 ml 20 ml 10 g	GREEN ASPARAGUS Green asparagus Vegetable oil, to fry White balsamic vinegar Sesame seed oil Rapeseed oil Soy sauce
400 g 1 dash of 10 ml 50 ml 20 ml 10 g 1 g	GREEN ASPARAGUS Green asparagus Vegetable oil, to fry White balsamic vinegar Sesame seed oil Rapeseed oil Soy sauce Ginger powder

METHOD

- 1. For the wasabi dip: blend the ingredients together with an immersion blender until smooth. Strain through a sieve and season to taste.
- 2. Pour into an iSi Gourmet Whip, screw in one charger and shake well
- 3. For the roasted chicory: clean and quarter the chicory and fry with the sugar in hot oil
- 4. For the crispy green asparagus: quickly fry the green asparagus in hot oil and cut into
- 5. Mix the vinegar, sesame seed oil, rapeseed oil, soya sauce and spices together well and use to marinade the asparagus.
- 6. Serve the crispy green asparagus with the roasted chicorée and wasabi dip.