LASAGNE WITH GRILLED VEGETABLES AND GRASS FEED BEEF



INGREDIENTS FOR 10 PORTIONS

250 g Lasagne sheets 100 g Mozzarella, grated 300 Zucchini, sliced 200 Eggplant, sliced 60 ml Olive oil 20 ml White balsamic vinegar 10 g Garlic, finely chopped Salt and pepper FOR THE CHEESE SAUCE 400 g QimiQ Sauce Base 200 Parmesan 145 g Mozzarella di Bufala 20 g Corn starch Salt and pepper FOR THE MEAT SAUCE 500 g Ground beef 50 g Onion(s), finely chopped 2 Garlic clove(s), finely chopped 20 g Tomato paste 125 ml Red wine 500 g Tomato paste 250 ml Chicken stock Oregano, dried Basil, dried Salt and pepper

METHOD

- 1. Preheat the oven to 340°F (conventional oven).
- 2. Marinate the courgettes and aubergines with the olive oil, balsamic vinegar, garlic, salt and pepper and grill. Set aside.
- 3. For the cheese sauce: blend the QimiQ Sauce Base with the Parmesan, Mozzarella di Bufala and starch until smooth. Season to taste with salt and pepper.
- 4. For the meat sauce: sauté the minced beef together with the onions, garlic and herbs over a medium heat until well browned. Stir in the tomato paste and fry briefly. Douse with the red wine, add the puréed tomatoes and chicken stock and continue to cook for approx. 30 minutes.
- 5. Layer the cheese sauce, lasagne sheets, grilled vegetables and meat sauce alternately in the prepared baking dish. Finish with a layer of cheese sauce.
- 6. Cover and bake in the preheated oven for approx. 50 minutes.
- 7. Sprinkle with mozzarella and grill for 5-10 minutes.

QimiQ BENEFITS

- Quick and simple preparation
- Problem-free reheating possible
- Creamy indulgent taste with less fat

