

# CHOUX PASTRY (THERMOMIX)



## **QimiQ BENEFITS**

- Creamy pleasure with less fat
- Simple and quick preparation
- Jelly-proof
- Binds liquid, choux pastry doughnuts stay dry and fresh longer



#### **INGREDIENTS FOR 12**

## FOR THE CHOUX PASTRY

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150 g	Water
80 g	Butter
1 pinch(es)	Salt
10 g	Sugar
120 g	Flour
3	Egg(s)

#### FOR THE FILLING

125	QimiQ Classic Vanilla, room temperature
3 tbsp	Sugar
300 g	Whipping cream 36% fat

## **METHOD**

- 1. Preheat oven to 200 °C (convection oven).
- 2. For the choux pastry doughnuts: Add water, butter, salt and sugar to the mixing bowl. Heat for 5 minutes / 100 ° C / level 1.
- 3. Add flour, mix for 25 sec/step
- 4. Let cool for approx. 10 min.
- 5. Set 1:40 min./level 5 and while stirring, gradually add the eggs through the lid opening.
- 6. Bake in preheated oven for about 20-25 minutes.
- 7. Let cool.
- 8. For the filling: Place the whisk attachment in the mixing bowl. Pour in the uncooled QimiQ Classic Vanilla and whisk on speed 4 for 8 seconds until smooth. Add the sugar and whipped cream and whip at speed 3.5, observing.
- 9. Place in a piping bag and fill the choux pastry doughnuts with it.