

STEAK FRIES WITH SAUCE DIANE



QimiQ BENEFITS

- Creamy indulgent taste with less fat
- Problem-free reheating possible
- · No additional binding necessary



INGREDIENTS FOR 2 PORTIONS

STEAK

STEAK	
230 g	Hanger Steak
20 g	Montecarlo Steak Seasoning
30 g	Butter, unsalted
SAUCE DIANE	
60 g	Butter, unsalted
2 pcs	Garlic clove(s), small chopped
1 pcs	Shallot(s), small chopped
80	Morel Mushroom - Dried, hydrated, minced
60 ml	Cognac
80 ml	Demi-glace sauce
80 g	QimiQ Sauce Base
20 g	Dijon mustard
20 g	Worcestershire sauce
10 g	Kosher salt
5 g	Black pepper, crushed
POMMES FRITES	
300 g	French fries
5 g	Kosher salt
5 g	Black pepper, crushed
40 g	Parmesan, grated
10 g	Italian parsley, finely chopped

METHOD

- 1. Steak:
- 2. Set the oven to 400°

F.

- 3. Season the steak thoroughly on all sides Set aside to come to room temperature.
- 4. In a pan over medium-high heat, place the butter in pan.
- 5. Add the steak to the pan and sear on all sides
- 6. Place in the oven and cook to the desired temperature.
- 7. Allow to rest for 8 minutes and slice into medallions Place on one half of the plate.
- 8. Sauce

Diane:

- 9. In a saucepan over medium-high heat, place the butter Add the garlic, Shallots cook until translucent.
- 10 Add the morel mushrooms Cook until incorporated about 3
- 11.Deglaze with cognac Cook for an additional 3

minutes.

- $12\,\mbox{Add}$ the demi-glaze, Dijon mustard & worcestershire sauce Whisk until fully incorporated.
- 13Add salt, pepper & sauce base Cook for 3 minutes until the sauce has thickened Serve in a ramekin.
- 14.Pommes Frites:
- 15.Cook the frites to desired doneness.
- 16.Season with Salt & pepper Place on one half of the plate.
- 17.Mix the parmesan with the freshly chopped parsley.
- 18.Top the frites with the parmesan & parsley mix.