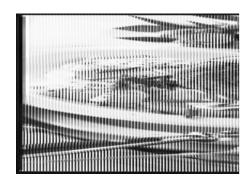


VEGETABLE POT WITH EBLY TENDER WHEAT



QimiQ BENEFITS

- Smooth and creamy consistency in seconds
- Problem-free reheating possible
- All natural, contains no preservatives, additives or emulsifiers





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easy

INGREDIENTS FOR 10 PORTIONS

C00	OinsiO Causa Basa
	QimiQ Sauce Base
90 g	Butter
75 g	Onion(s), finely diced
150 g	Carrot(s), diced
150 g	Celeriac, diced
90 g	Leek, chopped
90 g	White cabbage, chopped
240 g	Potatoes, diced
90 g	Zucchini, diced
600 ml	Beef stock
75 g	Ebly Tender Wheat
ADDITIONALY	
300 g	Gammon, ready to eat
150 g	Cauliflower, cooked
TO SEASON	
6 ml	Balsamic vinegar
9 g	Mustard
1 g	Pepper
6 g	Parsley, coarsely chopped

METHOD

- 1. Lightly fry the onions, carrots, celeriac, leek, cabbage, potatoes and zuchini.
- 2. Add the beef stock and Ebly Tender Wheat and cook for a further 10 minutes.
- 3. Stir in the QimiQ Sauce Base and continue to cook until the required consistency has been achieved.
- 4. Add the diced meat and cauliflower and season to taste with the vinegar, mustard and pepper. Sprinkle with the parsley.