



WINTER SALAD WITH APPLE AND CRANBERRY DRESSING AND DUCK BREAST



QimiQ BENEFITS

- Dressings made with QimiQ cling better to salads
- Binds with oil
- Acid stable and does not curdle



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easy

INGREDIENTS FOR 4 PORTIONS

FOR THE SALAD

- 50 g Lamb's lettuce
- 50 g Frisée lettuce
- 50 g Radicchio lettuce
- 50 g Endive lettuce

FOR THE DRESSING

- 125 g QimiQ Classic, room temperature
- 100 ml Apple juice
- 125 g Apples, peeled , grated
- 10 g Cranberry jam
- 40 ml Apple cider vinegar
- 40 ml Sunflower oil
- Salt and pepper
- Cloves
- Cinnamon

FOR THE DUCK

- 4 Barbarie Duck Breast, 160 g each
- Pepper
- 3 Thyme sprig(s)
- 2 Rosemary twigs
- 5 g Garlic clove(s)
- Honey
- Salt

METHOD

1. Preheat an oven to 360 °F (conventional oven).
2. For the dressing: blend the ingredients together until smooth.
3. Clean the duck breast, score the skin and season with pepper. Fry together with the herbs and garlic, with the skin side down at medium heat until the skin is crispy. Flash fry the other half and place in an oven proof dish.
4. Cook in the hot oven for 6 minutes, turn over, brush with honey and bake for a further 6 minutes. Wrap in tin foil and allow to rest for a further 10 minutes and salt to taste.
5. Toss the salad in the dressing. Slice the ducks breast and serve on the salad.